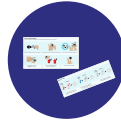


What is included in the kit:

The rapid self-test kit enables you to test a single drop of blood from a finger prick for instant results.



Freetesting help card



Manufacturer's instructions



1 lancet



1 test device



2 plasters



3 bottles

You will also need some tissue.

When can the test detect HIV?

It takes time before STIs can be detected in a test. This rapid self-test will be accurate 12 weeks after your HIV infection risk. If you think you are at risk of HIV, you should test every 3 months.

When should I take this test?

It's best to do this test somewhere private and clean. You could consider having someone you trust for support with you. If your result is reactive you can call us for support between 9am and 5pm, Monday to Friday, so try to do the test in these hours if you can.

How long does this test take?

It is best to do this when you have some time spare. The test will take 5-10 minutes, but you will need time to prepare and interpret your result. Watching the video will help you to do the test accurately. Being warm and keeping your arm straight will help to get the drop of blood you need.

Why report your result?

Reporting your result helps us to offer you the right support and to evaluate and improve the service.

POWERED BY **SH:24**

Video instructions:

Watch a short video freetesting.hiv/video



FAQs:

freetesting.hiv/faqs

Find a local clinic:

freetesting.hiv/clinics

How to report your result:

Unique link

The easiest way to tell us your result is to use the unique link in one of the text messages we sent you.

Online

Scan this QR code or use this link freetesting.hiv/report



By text

Report your result by texting 'Reactive', 'Negative' or 'Invalid' to 07860 064 295.

Call us

If you want to talk to someone you can call us on 020 4586 3827, between 9am and 5pm, Monday to Friday.

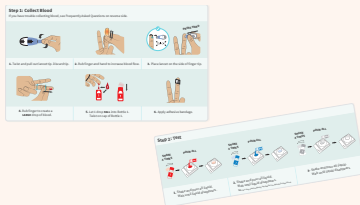
Tips for taking the test

Watch video:



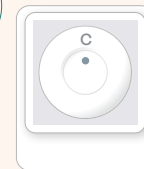
freetesting.hiv/video

People find the test easier after watching this short video. Do the test when you have time to spare in a private space. Being warm and keeping your arm straight will help blood flow to your finger.



Read through the instructions carefully before you start the test. Make sure your hands are clean and you are in a safe space.

Void after
1 hour



Read the results immediately after completing the test. After 1 hour the results are invalid. If you're not sure about the results, send a photo of them to freetesting.results@nhs.net. This photo MUST be taken within 1 hour of doing the test.

Interpret your results

Negative (1 dot at the top)

1 dot at the top is a negative result, including when the dot is faint. This means no infection was found. To find out about preventing HIV, visit freetesting.hiv/preventing



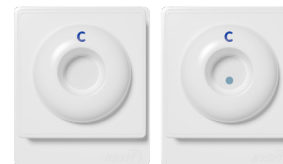
Reactive (2 dots)

A reactive result is not an HIV diagnosis. When you report a reactive result we'll offer you support and help you arrange further testing at a clinic near you.



Invalid (no dots or 1 dot at the bottom)

This means the test has not worked. This does sometimes happen. Please text "Invalid" to 07860 064 295.



These images are a quick reference guide. Remember to read the full instructions supplied with the test before starting your test.

Turn over to find out how to report your result

Rapid self-test

Key Information